

BRAVE ASK TRACKER

A weekly tool to help you take bold, intentional action. One step at a time.

Every opportunity starts with a conversation. But most people never start one.

Brave Asks are the foundation of momentum. They happen when you reach for something just outside your comfort zone. The goal isn't to get a "yes" every time. The goal is to stretch your capacity for asking. To practice micro-audacity. To let your courage compound.

Date	Who You Asked	What You Asked For	What Happened	Notes/Lessons

NO CEILINGS

NO CEILINGS. JUST CLARITY.
bobbieracette.substack.com

BRAVE ASK TRACKER

REFLECTION PROMPTS

- *What surprised you this week about the Brave Ask process?*
- *Which ask felt the scariest? Which felt easiest?*
- *What trend are you noticing in how people respond?*
- *What Brave Ask are you most proud of this week?*
- *What will you try differently next week?*

BRAVE ASK IDEAS

Need inspiration? Try one of these:

- *Ask someone you admire for a 15-minute call*
- *Post a story or idea you've been sitting on*
- *Pitch yourself for a speaking opportunity*
- *Ask your team for feedback on your leadership*
- *DM someone you haven't spoken to in years with a kind note*
- *Apply to something you think you're "not ready" for*

Reminder: This isn't about outcomes, it's about reps.

The more you ask, the more you grow.

Let your courage compound.

NO CEILINGS

NO CEILINGS. JUST CLARITY.
bobbieracette.substack.com